

VALENCIA COUNTY OLDER AMERICAN PROGRAM
MONTHLY MENU – September 2015

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
	Bean Salad Beef Stroganoff Carrots Noodles/Bread Fruit/Milk	Oriental Cabbage Slaw Asian Chicken Oriental Vegetables Rice/Crackers Fruit/Milk	Green Chile Cheeseburger Lettuce/Tomato/Onion Tator Tots Fruit/Milk	Cucumber Salad Tuna Salad Sandwich Lettuce/Tomato Potato Chips Fruit/Milk
7	8	9	10	11
CLOSED Labor Day	Cole Slaw Sloppy Joes Onions & Jalapenos Potato Milk - Fruit	Tossed Salad Chicken Strips Carrots Rice/Bread Fruit/Milk	Carrot Salad Ground Beef Steak W/Onions Green Beans Mashed Potatoes/Roll Milk - Fruit	Tomato & Onion Salad Fish Sandwich Broccoli Potato Chips Tartar Sauce Fruit/Milk
14	15	16	17	18
Green Bean Salad Beef Tips/ Mushroom Sauce Carrots Noodles-Crackers Milk-Fruit	Zucchini Salad Lettuce/Tomato/Salsa Beef Tacos Pinto Beans Milk Fruit	Tomato & Onion Salad Hot Turkey Sandwich Brussel Sprouts Mashed Potatoes Gravy Milk - Fruit	Tossed Salad Chicken Cacciatore Vegetable Medley Spaghetti Noodles Garlic Bread Fruit/Milk	Tamale W/Red Chile Lettuce/Tomato Spinach Beans Fruit/Milk
21	22	23	24	25
Pea and Cheese Salad Beef and Macaroni Italian Vegetables Garlic Bread Milk - Fruit	Mexicali Corn Salad Pork Carne Adovada Squash Refried Beans Tortilla Fruit/Milk	Beet & Onion Salad Salisbury Steak Mixed Vegetables Mashed Potatoes Fruit/Milk	Mandarin Orange Salad Beef and Peppers Oriental Vegetables Rice Crackers Fruit/Milk	Cole Slaw Chili Cheese Dog Onions Chuck Wagon Corn Potato Chips Fruit/Milk
28	29	30		
Carrot Salad BBQ Pork Onions & Jalapenos Tator Tots Fruit/Milk	German Potato Salad Bratwurst Sauerkraut Onions & Bell Peppers Ranch beans Milk/Fruit	BF Potluck/ Birthday Party With Fiddlers & Musicians Of NM		